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### Madera High



#### January 2024 Newsletter

Robyn Cosgrove • • Tuesday, Jan 16 at 4:36 PM • Madera High



## **Monthly Newsletter**



# Madera High School

200 South L Street (559) 675-4444

#### January 2024

Welcome to 2024! We hope you had a fantastic and restful winter break. As we return to school for the spring semester, it is crazy to realize January is almost over, and it is important to remember this is a NEW semester! All students begin with an 'A' in each of their classes; please encourage your children to work hard to maintain these grades by completing all class work, studying and preparing for assessments, and working diligently to really learn the materials presented by their teachers. Learning is not meant to be easy, it takes practice, risk, questions, and perseverance. June will come quickly; may we all work together toward a goal of excellence.

If you have 8th grade students in your home, please be aware of the following event: On January 25th from 8:45-12:30, our staff and students will be hosting Coyote Preview. We will provide 8th grade students tours of our campus and introductions to our amazing CTE pathways. Additionally, there will be a parent informational night from 5:30-7:00 on the same day. Staff and advisors will share about their programs and all the Coyote campus has to offer!

There are a plethora of events in the coming months: winter sports will be wrapping up their season, the Spring Play begins its production in March, there are several parent participation opportunities (PTA, School Site Council, ELAC, DELAC, etc.), spring sports will begin soon, another round of ELPAC and NWEA, CAASPP (for juniors only), and so much more!

May it be a year of joy, success, and celebration. *Christina Prince* 

#### Information

#### Stopit App

Hello Coyotes, just a reminder that you all have access to a very powerful tool we can use to report incidents on campus as well as reach out for support. Stopit is an anonymous way of communicating with Admin to keep safety and security at the forefront of our day.

Stopitsolutions.com

Access Code- Maderausd

#### **MHS Student Wellness**

Here at MHS we have a committed effort to your students' safety and mental wellness. If you feel your student may be struggling with friend groups, anxiety, workload, or they may just need someone to talk to, please reach out to the MHS Counseling department by using the QR code.





- Local Scholarships Deadline is Jan. 26! Remember to have your child ask for letters of recommendation. See Mr. Padilla in the Career Center for more information and join the Google <u>Classroom</u> for updates (Code to join ufvfqjd).
- FAFSA/CADAA launch date December 31! Remember that by law, ALL seniors will be required to complete and submit their application. Counselors will be holding application workshops on January 18 and 19 during Civics and Econ classes. Parents will need to check their email regularly.
- Financial Aid Parent Night: Get everything you need to submit your application on Jan. 30. We will have English and Spanish sessions available.
- → Pre -Registration: Counselors started registration for the 2024-2025 last month! Your 11th grader will. meet with their counselor on January 26 or 29 to review class selections for the next school year.
- → **New Semester Starting:** Check the parent <u>Aeries Portal</u> to make sure your child is doing well in every class since the first day of the semester. Email your child's teachers with any questions or concerns. If you need additional help and need to contact their counselor, click here. Our emails can be found on the school website.
  - If your child needs additional help, please visit the After <u>School Program website</u> or <u>Tutor.com</u> to get FREE tutoring! There are also resources available free to students and can be accessed through their <u>Clever</u> account.

#### Upcoming Events:

- 1.17: Spring semester begins.
- 1.18 & 19: FAFSA/CADAA workshops in Civics/Econ classes.

- 1.22: Pre-Reg Presentations in US Hist classes
- 1.25 Coyote Preview and 8th Grade Parent Night
- 1.26 and 1.29: Incoming 11th Grade Pre Registration for 2024-2025
- 1.30: Financial Aid Night
- 1.31: TJ Pre-Registration

For More Information and Updates Follow Us:

- Madera High School Counselors @mhscounselors
- Madera High School Counselors

#### **Climate and Culture**

#### **Calming Your Mind**

It's January! For many people, the beginning of the year is about making goals for self-improvement. What better area to focus on than our mental wellbeing? This is an especially important time, considering how January can be a particularly challenging month for families with school-age children, shifting from holiday and winter breaks back into structured work and school routines.

Help your children start the year with a clean slate and positive intentions. As students return to school, it's time to reconnect with peers and teachers and reignite positive classroom learning communities. Students will re-familiarize themselves with the positive behavior expectations at school, and get back into the routine of early bedtimes or preparing each day for school. Sometimes this leads to additional stress and fatigue for everyone in a family. What we might call crankiness is often a child's way of communicating what they need or are feeling with their behavior. Remind your children to practice some of the social-emotional learning (SEL) activities they've learned at school to help them manage emotions that may feel overwhelming.

Social-Emotional Learning (SEL) is the process through which children learn to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions (CASEL, 2020). <u>Linked here</u> is a list of strategies for elementary and secondary children to help them practice some calming SEL as they transition back for a great 2nd semester!



#### **Activities**

January 17th, 2024: Classes resume (1st day of Spring semester)

January 25th: Coyote Preview/Parent Night January 26th: Local Scholarships deadline

#### STAY UP-TO-DATE BY Following us on Social Media and joining your grade-level Google

Classroom (see below)

#### **Social Media accounts:**

Instagram - @maderacoyotes

Facebook - @maderahigh

Twitter - @maderacoyotes1

TikTok - @maderacoyotes

#### Join your grade-level Google Classrooms:

Class of 2027: 26VMGK6 Class of 2026: U2WYGKS Class of 2025: CSU3Y6U Class of 2024: RCS476M



#### **GO Coyotes!!**